What is claimed is:

- A process for a customer to mark an index by him/herself in any disposable beverage container comprising:
 - a) drawings of arrays to accommodate index-elements and
 - b) drawings of index-elements.
- 2. The drawings of claim 1 wherein said the drawings of arrays are arrays printed on a paper (alternatively plastic) sheet lightly attached to a disposable beverage container with partial pre-cut along the border and horizontal center lines of each element of arrays.
- 3. The drawings of claim 1 wherein said the drawings of arrays are horizontal circular arrays lightly printed directly on a disposable beverage container.
- 4. The drawings of claim 1 wherein said the drawings of index-elements are images such as pictures, letters, numbers, cartoons, symbols, characters, and so on, printed on the paper (alternatively plastic) sheet of claim 2.
- 5. The drawings of claim 1 wherein said the drawings of index-elements are images such as pictures, letters, numbers, cartoons, symbols, characters, and so on, printed directly on the disposable beverage container of claim 3.